Seahorse Swim School at King's Ely Summer 2022

Swimming Pool Users Guide and Terms and conditions.

- 1. King's Ely swimming pool is only to be used when qualified lifeguards are on duty
- 2. The lifeguard is in complete control of the swimming pool and enclosure; they have the right to refuse entry or ask anyone to leave the pool/enclosure at any time; at their discretion close the pool completely if they feel there is a danger to anyone. Any incidents will need to be reported to the owners of Seahorse Swim School and the Health & Safety Coordinator of King's Ely via the Administration Offices.
- 3. In booking a session you are agreeing to the terms and conditions and to adhere to the pool rules.
 - 3.1 Season Tickets for family swims include immediate family members only.
 - 3.2 Lane Swimming tickets are for an individual NOT a family.
 - 3.3 All swims MUST be pre booked online. Admission will not be permitted at the gate without this. Proof of booking must be shown at the entrance to the pool.
 - 3.4 If booking a season ticket for King's Staff/Ex Staff
 - 3.5 Guests tickets can be purchased at the pool but must be named in the booking so we are aware of numbers. Max 2 Guests per member per session.
 - 3.6 Relevant medical information must be disclosed on booking
 - 4. Signing In/Out: Attendance will be recorded by Lifeguards for our records.
- 5. Children under 8 years old and weak swimmers MUST be accompanied by an adult in the water at all times. (One adult per 2 children). Swimmers under the age of 15 years must be accompanied by an adult in the pool area.
- 6. Overcrowding: Seahorse Swim School's booking system should reduce/eliminate this problem but if there is pressure on numbers at the poolside, the lifeguards will need to manage equitable use of the pool, acting with autonomy and as fairly as the situation allows. There is a maximum bather load of 20 per lifeguard (including children and infants). Seahorse Swim School will set a maximum number of bathers allowed in the water at any time.
- 7. Spot the Dangers: Take care, swimming pools can be hazardous. Water presents a risk of drowning, and injuries can occur from hitting the hard surrounds, or from misuse of equipment.
- 8. Prohibited Activities: It is against swimming pool rules to run around poolside, perform gymnastics and acrobatics, push other swimmers into the pool, bomb and perform back dives and flips, please adhere to the pool rules at all times.
- 9. Ball games and inflatables are only permitted when they do not affect other users of the pool and are at the discretion of the lifeguard.
- 10. Always swim within your Ability: Never swim after a heavy meal or after alcohol. Avoid holding your breath and swimming long distances underwater. Be especially careful if you have a medical condition such as epilepsy, asthma, diabetes or a heart condition. Any medical conditions must be disclosed on the booking form.

- 11. Check New Places: Every pool is different, so always make sure you know how deep the water is and check for other hazards such as steep slopes into deep water. A red line across King's Ely pool marks the point where the pool slopes into very deep water. Water depths are clearly painted around the poolside.
- 12. Thunderstorms: In the event of a thunderstorm, the pool will be closed until at least 30 minutes after the last witnessed activity

Andrew Wallis	Polly Berraondo	Lucy McGowan
H&S Coordinator	Seahorse Swim School	Seahorse Swim School

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